

## Safe Motherhood Week

with









An Indian Medical Association initiative starting from Doctors Day,

1st July to 7th July from 8:00 pm Onwards

#### A week-long webinar series

Addressing all health-related issues of pregnancy leading to safe motherhood...

Day	Theme for the Day	Programme Incharge
1	Adolescent: नींव - The Foundation	Dr. Divya Saxena National Chairperson MPH
2	A Healthy Pre-pregnancy	Dr. Nirmala Vijaykumar Safe Motherhood Committee, National IMA
3	Making Pregnancies Safer	Dr. Erika Patel, Convenor Safe Motherhood Committee, National IMA
4	Post Partum- The Journey Continues	Dr. S. Narmada Vice Chairperson, National MPH
5	Journey of Baby - ' Prenatal to Postnatal'	Dr. Gargi Patel, Co-chairperson National IMA WDW Dr. Juhi Chouksey, Member, Safe Motherhood Committee
6	Covid in Pregnancy and Lactation	Dr. L. Yesodha, Chairperson National IMA WDW Dr. Kavitha Ravi, Secretary National IMA WDW
7	Poster Competition Safe Motherhood in Covid Pandemic	Dr. Mary Anne Safe Motherhood Committee , National IMA

Dr. Ketan Desai, Chief Patron IMA

Dr. J A Jayalal, National President, IMA

Dr. Jayesh Lele, Hony. Secretary General, IMA

Dr. Anil Goyal, Hon. Finance Secretary IMA

Dr. Dilip kumar Dutta, Chairman, Safe Motherhood Week

Dr. Erika Patel, Convenor, Safe Motherhood Week

Dr. L. Yesodha, Chairperson National IMA WDW

Dr. Divya Saxena, National Chairperson MPH

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Day 1: Adolescent: नींव - The Foundation

Moderator:



Dr Divya Saxena National Chairperson MPH



Dr Santvana Sharan National Convenor MPH

#### **Inauguration Ceremony**

Time	Talk	Speaker
8:00	IMA Prayer & Flag Salutation	Dr Divya Saxena & Dr Santvana Sharan
8:05	Presidential. Address	Dr J.A.Jayalal
8:15	Welcome Address	Dr Erika Patel
8:20	Chairperson Address	Dr Dilip Kumar Dutta- Book Launch
8:25	Honouring Women Doctors For Their Exceptional Service In Covid Pandemic	Dr Erika Patel
8:40	Fogsi President Address	Dr Shantha Kumari
8:50	Launch Of Swayam Program	Dr. L.Yesodha
8:55	Launch Of Awareness Program By Mission Pink Health	Dr Divya Saxena

#### Scientific Session

Time	Talk	Speaker	Chairperson
9:05	Nutritional Anemia: Prevention, Detection & Correction	Dr. Purvi Chawla	Dr. Sikha Sarma
9:15	Menstrual Hygiene: III Effects Of Poor Hygiene On Motherhood	Dr Priti Kumar	Dr. Anupama R Srikumar
9:30	Childhood Obesity: Leading To Metabolic Disorders & High Risk Pregnancy	Dr. Gagan Priya	Dr. Rakhi Agrawal
9:45	Vote of Thanks & Wind off with National Anthem	Dr. Santvana Sharan	



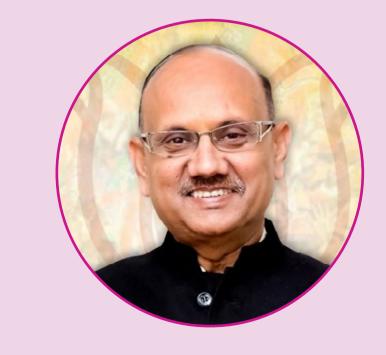
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#### Day 2: A Healthy Pre Pregnancy

Moderator:



Dr Nirmala Vijaykumar Safe Motherhood Committee, National IMA

Time	Talk	Speaker	Chairperson
8:00	Welcome Address	Dr Nirmala Vijaykumar, Safe Motherhood Committee, National IMA	
8:05	Words Of Wisdom By Women Of Eminence		
8:20	Panel Discussion - Lifestyle Demands For Young Women Today	5 Unmarried Women Across India Are The Panelists	Dr Vanadana Punia
9:00	Sexual Health And Hygiene	Dr Murugan MD DV	Dr Meenakshi Ganguly
9:15	Pre Conception Counselling	Dr Rajapriya Ayyappan	Dr Meenakshi Ganguly



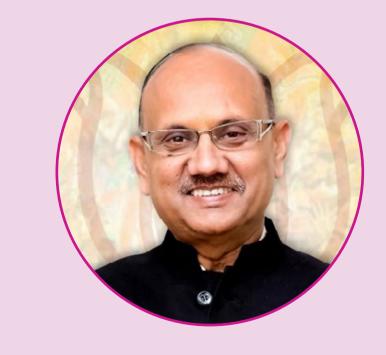
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#### Day 3: Making Pregnancies safer

Moderator:



Dr Erika Patel Convenor, Safe Motherhood Week

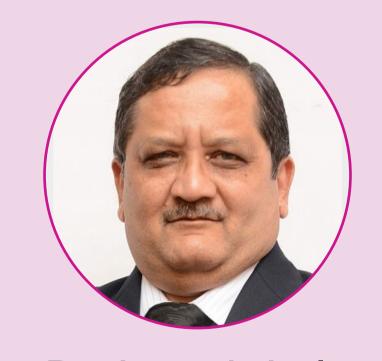
Time	Talk	Speaker	Chairperson
8:00	Welcome Address	Dr Erika Patel	
8:05	Words Of Wisdom By Women Of Eminence		
8:20	Prevention Of Maternal Mortality	Dr Indranil Dutta	Dr Viaylakshmi Seshadri
8:40	Anemia In Pregnancy	Dr Subhash Biswas	Dr Bal Inamdar
9:00	Exercise In Pregnancy	Dr Erika Patel	
9:15	Prevention of Gestational Diabetes	Dr Meenakshi Deshpande	



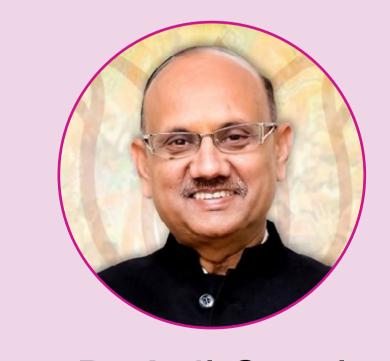
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#### Day 4: Post Partum- The journey continues

Moderator:



Dr S. Narmada Vice Chairperson, National MPH

Time	Talk	Speaker	Chairperson
8:00	Welcome Address	Dr Narmada	Dr Chitra
8:05	Words Of Wisdom By Women Of Eminence		
8:20	Postnatal Blues - Less Recognised Disorder	Dr Saswati Sanyal Choudhary	
8:45	Postnatal Fitness And Family Life- Getting Back To Normalcy	Dr Sujata Mishra	Dr Sampathkumari
9:10	Postnatal Persistence Of Antenatal Problems	Dr Leela Vyas	



Dr Ketan Desai Chief Patron IMA



Dr J A Jayalal **National President** IMA



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Day 5: Journey of Baby - 'Prenatal to Postnatal'

Moderator:



Dr Juhi Chouksey
Member, Safe Motherhood Committee



Dr Gargi Patel Co-Chairperson National IMA WDW

Time	Talk	Speaker	Chairperson
8:00	Welcome Address	Dr Gargi Patel	Dr Gargi Patel
8:05	Words Of Wisdom By Women Of Eminence		Dr Gargi Patel
8:20	Prenatal Journey	Dr Juhi Chouksey	Dr Gargi Patel
8:35	First Breath	Dr Naveen Gupta	Dr Gargi Patel
8:55	Postnatal Journey	Dr Baldev Prajapati	Dr Venkatesh Chalapathy
9:15	Breastfeeding	Dr Upendra Kinjawadekar	Dr Venkatesh Chalapathy



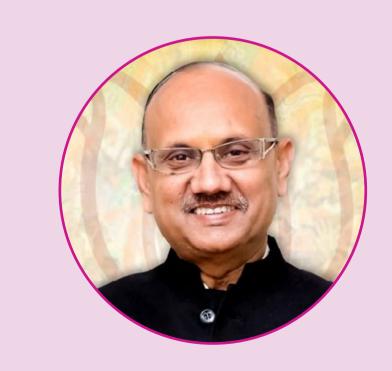
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#### Day 6: Covid in Pregnancy and Lactation

Moderator:



Dr L. Yesodha Chairperson National IMA WDW



Dr Kavitha Ravi Secretary National IMA WDW

Time	Talk	Speaker	Chairperson
8:00	Welcome Address	Dr Kavitha Ravi	Dr Nanditha
8:05	Words Of Wisdom By Women Of Eminence		
8:20	Overview Of Covid and Pregnancy	Dr Shantha Kumari	
8:40	Management Of Labour In Covid Postive	Dr Janaki Vellanki	
9:00	Covid In Lactating Mothers	Dr Sophia Rodrigues	Dr Risma Pai
9:15	Covid Vaccine And Its Importance In Women	Dr K. E. Elizabeth	



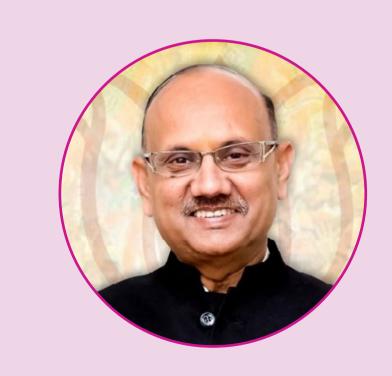
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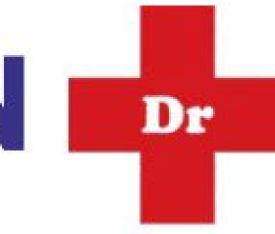
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#### Day 7: Poster Competition - Safe Motherhood in Covid Pandemic

**Moderator**:



Dr Mary Anne



Dr Nirmala Viaykumar

Time	Talk	Speaker
8:00	Welcome Address	Dr Mary Anne
8:05	Words Of Wisdom By Women Of Eminence	
		Judges
8:20	Poster Competition Winners Announcement	Dr Hrishikesh Pai Dr Ashok Tripathi Dr Nita Biyani Dr Mona Desai

Register below link and please upload your posters before 4th July, 2021 https://forms.gle/WBYjVVHmpcmLSzy28

> 8:50 Valedictory Function



Dr J A Jayalal **National President** IMA



Dr Jayesh Lele Hony. Secretary General IMA



Dr Erika Patel Convenor Safe Motherhood Week



Dr Dilip kumar Dutta Chairman Safe Motherhood Week



Dr L. Yesoda Women Doctors Wing



Dr Divya Saxena Mission Pink Health

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